

The ARC Centre of Excellence for the History of Emotions, Europe 1100–1800 presents:

JOURNALISTS IMPACTED BY TRAUMA - THAT'S NEWS. WHY SHOULD WE CARE?

Cait McMahon OAM

Opening
public lecture

2017 Change Program
Collaboratory:

'News Reporting and
Emotions: 1100-2017'



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DATE: 4 September 2017

TIME: 6pm

VENUE: Lower Napier Building, LG28, The University of Adelaide

CONVENORS: Amy Milka and Abaigéal Warfield

Public Lecture will be followed by a wine reception
Free, but RSVP is required, please email
Jacquie Bennett: jacquie.bennett@adelaide.edu.au

Dr McMahon OAM will present the current psychological research on journalists exposed to traumatic events, and the emotional repercussions of such work. This research will be accompanied by examples of how media professionals have managed their emotions at the time of potentially traumatic exposure and afterwards. McMahon will discuss self-care strategies that she teaches journalists to maintain resilience in such circumstances. The presentation will also include examples of journalists' self-censorship because of fear elicited through trauma reporting; the concept of moral injury as it relates to news gathering, and the importance of ethical reporting on people affected by trauma.

Cait McMahon OAM is the founding Managing Director of the Dart Centre for Journalism and Trauma - Asia Pacific (www.dartcentre.org/asia-pacific) and established the Centre in 2003. McMahon has been working with the media since 1988 when she was at The Age newspaper in an internal counselling and support role. As a 'trauma and journalism' expert and psychologist, Cait is responsible for creating and facilitating training programs across the Asia Pacific region to promote ethical and thorough reporting of violence, disaster and tragedy in society, focusing specifically on psychological safety and resilience for media professionals. In 2016 she was awarded a Medal of the Order of Australia for her work with journalists experiencing trauma exposure.

The Dart Centre for Journalism and Trauma – Asia Pacific is a project of the Columbia University Graduate School of Journalism. The Centre is dedicated to informed, innovative and ethical news reporting on violence, conflict and tragedy. Whether the topic is street crime, family violence, natural disaster, war or human rights, effective news reporting on traumatic events demands knowledge, skill and support. The Dart Centre provides journalists around the world with the resources necessary to meet this challenge, drawing on a global, interdisciplinary network of news professionals, mental health experts, educators and researchers.

Dart Centre Asia Pacific is the regional hub of the Dart Centre US, and is run out of its offices in Melbourne, Australia. Dart Centre Asia Pacific (DCAP) educates journalists and news organisations in the region about the relationship between trauma and journalism. DCAP works from a culturally appropriate perspective, by working alongside local knowledge experts, and forming in-country partnerships and collaborations.

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THE JOURNALISM SCHOOL AT COLUMBIA UNIVERSITY